

SPA

YOUR GLAMPING WELLNESS EXPERIENCE

Let yourself be guided on a wellness journey inspired by the rhythms of nature. At Giardino dell'Eden, every treatment is thoughtfully designed to meet your body's unique needs, offering an experience of deep relaxation and genuine well-being.

MASSAGES

NATURE FUSION RITUAL - 75 MIN

€110

The Spa's Signature treatment.

A personalised treatment combining Eastern techniques, such as Shiatsu pressure and Thai mobilisations, with Western approaches including assisted stretching and muscle release techniques. A complete experience to release tension, improve mobility, flexibility and promote deep body-mind rebalancing.

RECOVERY TREATMENTS

EXPRESS RECOVERY - 30 MIN

€55

A targeted treatment focusing on either legs or back, ideal for relieving muscle tension and supporting a quick recovery.

COMPLETE RECOVERY - 50 MIN

€75

Deep techniques and stretching to release stiffness, improve flexibility, and support muscle recovery.

It includes a guided experience in the Brain Room, designed to support psycho-physical recovery and profound restoration.



www.edenvillagelagomaggiore.it

info@villageden.it

Giardino dell'Eden
relax | wellness | beauty

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WELLNESS JOURNEYS

FOREST RELAX MASSAGE - 50 MIN

€70

Slow and enveloping movements for deep relaxation, ideal for reducing stress and tension while restoring harmony and wellbeing.



Recommended as part of our Stress Management Spa journey.

LONGEVITY FLOW - 50 MIN

€70

A vitality-focused treatment designed to enhance mobility, flexibility, and a pleasant feeling of renewed energy.



Recommended as part of our Longevity Spa journey.

HARMONY FLOW - 50 MIN

€70

Fluid and balancing techniques designed to promote lightness, harmony, and wellbeing for body and mind.

The experience includes an initial mindful breathing session in the Brain Room, dedicated to sleep and deep rest.

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